

## Dyadic APS

The following items are designed to measure attitudes people have about romantic/intimate relationships. There are no right or wrong answers. Please respond to all of the items. Use your first impression and do not spend too much time on individual items. The terms “significant other” and “partner” are used interchangeably. If you do not have a current significant other or partner, please use someone who has filled that role for you in the past.

### Instructions:

Respond on the answer line to the left of each item by using the scale below to describe your degree of agreement or disagreement with each statement.

1 Strongly Disagree	2 Disagree	3 Slightly Disagree	4 Neutral	5 Slightly Agree	6 Agree	7 Strongly Agree
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- \_\_\_\_\_ 1. I often feel disappointment after my partner completes a task because I know that she/he could have done better.
- \_\_\_\_\_ 2. I expect my significant other to be an orderly person.
- \_\_\_\_\_ 3. My significant other can generally meet the standards that I have set for him/her.
- \_\_\_\_\_ 4. My significant other rarely lives up to my standards.
- \_\_\_\_\_ 5. I have very high standards for my significant other.
- \_\_\_\_\_ 6. My partner's best rarely seems to be enough for me.
- \_\_\_\_\_ 7. Neatness should be important to my significant other.
- \_\_\_\_\_ 8. I expect the best from my significant other.
- \_\_\_\_\_ 9. I am rarely satisfied with my partner's accomplishments.
- \_\_\_\_\_ 10. I often feel frustrated because my significant other does not meet the goals I have for him/her.
- \_\_\_\_\_ 11. I expect my partner to try to do her/his best at everything she/he does.
- \_\_\_\_\_ 12. I have trouble with my partner leaving things incomplete.

1 Strongly Disagree	2 Disagree	3 Slightly Disagree	4 Neutral	5 Slightly Agree	6 Agree	7 Strongly Agree
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- \_\_\_\_\_ 13. My partner's best never seems to be good enough for me.
- \_\_\_\_\_ 14. I have high standards for my significant other's performance at work or at school.
- \_\_\_\_\_ 15. My significant other often does not measure up to my expectations.
- \_\_\_\_\_ 16. I usually feel like what my partner has done is good enough.
- \_\_\_\_\_ 17. I think my partner should be organized.
- \_\_\_\_\_ 18. I am hardly ever satisfied with my partner's performance.
- \_\_\_\_\_ 19. I have a strong need for my partner to strive for excellence.
- \_\_\_\_\_ 20. My significant other is seldom able to meet my standards for performance.
- \_\_\_\_\_ 21. I usually feel pretty satisfied with what my significant other does.
- \_\_\_\_\_ 22. I expect my partner to think things should be put away in their place.
- \_\_\_\_\_ 23. My partner's performance rarely measures up to my standards.
- \_\_\_\_\_ 24. I am not satisfied, even when I know my significant other has done his/her best.
- \_\_\_\_\_ 25. I have high expectations of my significant other.
- \_\_\_\_\_ 26. I can get pretty upset when my partner doesn't do as well as I think she/he should.

### Scoring for Dyadic APS

Discrepancy: 1, **3**, 4, 6, 9, 10, 12, 13, 15, **16**, 18, 20, **21**, 23, 24, 26

High Standards: 5, 8, 11, 14, 19, 25

Order 2, 7, 17, 22

**NOTE: Items 3,16, and 21 are reverse scored.**